

CULTURAL EDUC-ASIAN DAY

Thursday 20th June 2019

Henna (or Mendhi) is made from grinding the henna leaf, and mixing it with lemon juice, Neem Oil and strong coffee. All the ingredients are naturally occurring and safe to use on children and adults alike.

Applied through a cone, the henna paste dries on the skin, and when washed off - after about 15 minutes or can be left longer - leaves an orange to brown pattern, which fades as the skin is shed. Generally the henna lasts for 4 - 7 days. The final colour depends on the body's heat - the warmer the body, the deeper the colour.

No black henna will be used, and I would strongly advise parents and students alike, never to have one done on the beach on holidays. Black henna is made using a chemical that is used in hair dye, and in 99% of cases, leaves a permanent scar where it was applied. I have personally seen a student at Runshaw College who had Black henna applied 3 years ago, and still sports a very bad attempt at a dragon on his back.

If you are **NOT** happy for your child to have henna applied, please complete the **opt-out** form below. **If we do not receive this then we will assume that your child will be participating.**

Prags Birk - Creative Director
Cultural Educ-asian

I have read the information provided about henna and its application, and give my permission for it to be applied.

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OPT OUT FORM

Child's Name Class :

I do not wish for my child to participate in the application of henna.

Signature Date