



Bretherton Endowed CE Primary School Curriculum Overview

Subject: Physical Education, Sport and Being Active

Rationale: All pupils leaving our school to be physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

Key concepts of intent are:

- To have 2 hours of high quality PE each week minimum
- Bespoke plans for involvement of coaches linked to needs and skills of staff and children
- To plan breadth linked to the skills gap of children and/or to enhance strengths
- To be able to succeed in physically-demanding activities
- To participate in competitive sport
- To experience a range of increasingly challenging situations
- To develop competence to excel in a broad range of physical activities
- To be a preparation for participation for life
- To know how to lead healthy, active lives.
- To promote physical confidence
- To build character, embed values such as fairness and respect
- To develop competence to excel in a BROAD range of physical activities
- To be physically active for sustained periods of time and demonstrate strength and stamina in Bretherton Blast
- To be able to speak the language of PE
- To set goals to improve their own fitness, improve performance
- To focus on developing core skills and offer a wide variety of sports to apply them to
- To represent school in sporting events more than once every year
- To provide subject specialists to support planning and delivery and assessment
- To develop sports leaders to foster leadership skills
- To be fully inclusive
- To promote participation in community clubs
- To work collaboratively within our cluster of schools – TARDIS to provide high quality sporting opportunities, competitions and enrichment in sport.

At Bretherton Endowed CE Primary School, we aim to provide a variety of sporting opportunities. The school provides a range of PE-related activities for children during lunchtimes and at the end of the school day. These encourage children to further develop their skills in a range of the activity areas. These sporting clubs change each term in the school year. In addition, outside providers offer sports clubs after school. As well as sporting opportunities within the school community, the school

also enter partnership and county sporting events. The children have opportunities to competitively play in a wide range of sports and have great success. These experiences allow for children to apply their sporting skills, develop team skills and learn how to play competitively. A staff member holding Level 5 subject specialist support the planning, potential for challenge and high expectation of pupils within all aspects of sport and fitness in school.

CURRICULUM PLANNING

PE is a foundation subject in the National Curriculum. Our school uses the objectives from the curriculum as the basis for the planning in PE. In Key Stage 1, children are taught a range of sporting activities which they will develop their balance, agility and co-ordination. These skills are taught through dance, games and gymnastics lessons. In Key Stage 2, children are taught dance, games (teams, invasion, throwing and striking), gymnastics and athletics. In addition, swimming and water safety is taught in Key Stage Two with the expectation that all children leave being able to confidently swim 25m. Long-term plans identify individual PE units taught across the year group phases and follow a two-year cycle. PE is taught by individual class teachers and coaches who together take responsibility of planning, resourcing and delivering this area of the curriculum.

EARLY YEARS FOUNDATION STAGE

We encourage the physical development of our children in the reception class as an integral part of their work. As class 1 contains children in the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills. However, as class 1 also include children in Key stage 1 (year 1) we ensure through our 2 year long term plan, fundamental skills are taught as a priority.