

## Bretherton Endowed CE Primary School Heatwave Procedures - Summer 2022

Government advice to <u>schools</u> that will be followed at Bretherton	School's advice to <u>parents and carers</u> which we recommend you follow	School's advice to <u>children</u> which we expect them to follow in school
<ul style="list-style-type: none"> <li>• All windows will be opened wide at 7 am to allow overnight heat to escape. Please close them to a child-safe distance before children arrive.</li> <li>• If the air outside becomes warmer than inside, close your windows leaving a small gap ensuring there is still ventilation.</li> <li>• All electrical equipment – PCs, monitors, printers to be switched off (not on standby) when not in use.</li> <li>• Children to bring water bottles from home.</li> <li>• Teachers to provide jugs of water and cups and, as far as possible, ensure that all children drink throughout the day at designated times and as required. This is only required where children do not have water bottles to regularly fill from the water cooler.</li> <li>• Adults to encourage children to eat as normal.</li> <li>• Adults should look out for signs of heat exhaustion and heat stroke (see below).</li> <li>• Adults to use school digital thermometer as required to check temperatures – <b><u>do not check temperatures unless there are concerns.</u></b></li> <li>• Adults to be vigilant for key symptoms as described below.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Apply 12 hour sun cream</b> to your child before school starts. If this has not been applied, children will not be able to go outside during the day. School does have SPF 50 Nivea suncream should we need to give to children as emergency.</li> <li>• Send your child to school with extra water – you could try freezing one water bottle which will melt throughout the day, and also be cool for them to hold.</li> <li>• Send your child to school with a hat , if possible that has a wide brim or peak.</li> <li>• Jumpers, cardigans and hoodies should be sent to school <b>but not worn.</b></li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Not to run around too much</li> <li>• Drink plenty of water</li> <li>• Stay in the shade</li> <li>• Stay inside if asked to</li> <li>• Take your water bottle outside for all breaks and use it</li> <li>• Take a book outside to read in the shade</li> <li>• Sit under the trees</li> <li>• <b>No football or active sports</b> on days which are too hot to stop you overheating</li> <li>• At lunchtime - If you are very uncomfortable ask an adult if you can go inside to a designated classroom/hall</li> </ul>
	<b>Further information</b>	<b>Additional equipment to be available</b>
	<ul style="list-style-type: none"> <li>• Indoor lunchtime arrangements will be in place.</li> <li>• Running and contact sports will not take place.</li> <li>• If outside, children will be told to stay in the shade and not to run.</li> <li>• Class assemblies will be held about keeping cool</li> <li>• Whole-school assemblies will be held in mornings</li> <li>• Individual classes may organise fresh air breaks in shaded areas of school site regulary rather than full 15 minute breaks</li> <li>• YEAR 6 Trip to have amended Risk Assessment to follow</li> </ul>	<ul style="list-style-type: none"> <li>• Digital thermometer</li> <li>• Paper towels</li> <li>• Nivea 50SPF suncream</li> <li>• Water fountain</li> </ul>

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## Key Symptoms to be aware of

<b>Head exhaustion symptoms</b> Tiredness Dizziness Headache Nausea Vomiting Hot, red and dry skin	<b>Heatstroke Symptoms</b> Body temperature of <b>above 40 degrees Celsius</b> Red, hot skin and sweating that suddenly stops Fast heart beat Fast shallow breathing Confusion / lack of co-ordination Fits Loss of consciousness
<b>The following actions should be taken if a child is suffering from a heat illness:</b> Move the child to the coolest room in school. Encourage them to drink cool water. Cool the child as fast as possible using whatever method you can eg. run wrists under cold water; cold packs around the neck or wrapping children in a cool wet sheet  School will be following the guidance produced by the Department of Health and Social Care “looking after children during heatwaves: for teachers and professionals”	

[https://www.gov.uk/government/publications/heatwave-plan-for-england/looking-after-children-and-those-in-early-years-settings-during-heatwaves-for-teachers-and-professionals?utm\\_source=14%20July%202022%20C19&utm\\_medium=Daily%20Email%20C19&utm\\_campaign=DfE%20C19](https://www.gov.uk/government/publications/heatwave-plan-for-england/looking-after-children-and-those-in-early-years-settings-during-heatwaves-for-teachers-and-professionals?utm_source=14%20July%202022%20C19&utm_medium=Daily%20Email%20C19&utm_campaign=DfE%20C19)